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My Dashboard

Dashboard > My courses > CBA

14 & Under

🚺 eLearning FAQ

Click here if you need support or help with this course. You can also call Member Services at 1-800-566-3288 ext 123

🧵 Click here to download all course materials

Will download all materials on to your computer. Not Ideal for mobile devices



Must complete within 60 days of purchase

A countdown timer is on the right. If you do not finish with 60 days of purchase you will have to buy the module again and all progress will be lost.

USA Hockey Age-Modules Introduction

Welcome to this Age-Specific Module! Click here to begin

Time expected to Complete: 8 mins



Page: 1 File: 1

100%

Long-term Athlete Development (LTAD)

Learn about Long-term Athlete Development Click here to begin

Time expected to complete: 20 mins

ADM Overview

Learn about the concepts of the American Development Model! Click Here to Begin

Time expected to complete: 5 mins



Page: 1 Quiz: 1

100%

ADM 14 & Under

Learn about the American Development Model specific to this age group! Click Here to Begin

Time expected to Complete: 27 mins



Pages: 3 Quizzes: 3 Files: 2

100%

Practice Planning and Ice Utilization

Learn about Practice Planning and Ice Utilization! Click Here to Begin

Time expected to Complete: 18 mins



Pages: 3 Quizzes: 2 Files: 7

100%

Learn about Small Area Games in this age group! Click Here to Begin Expected time to complete: 28 mins	Pages: 3 Quizzes: 2 File: 1
100%	
Teaching Skills Through Progression	
Learn about Teaching Skills Through Progression! Click Here to Begin Expected Time to complete: 12 mins	HTML
100%	Page: 1 Quiz: 1 Files: 2
100%	
 Teaching Fundamental Team Concepts Learn about Teaching Fundamental Team Concepts! Click Here to Begin Expected Time to complete: 44 mins 	
	Pages: 3 Quizzes: 2 File: 1
100%	
Teaching Body Contact and Checking	
Learn about how to teach body contact and checking. Click Here to Begin	
Time expected to complete: 22 mins	Beneger treib hater
	Pages: 2 Quizzes: 2 Files: 2
100%	
Goaltending Development	

Learn about goal tending development at 14 and under stage. Click Here to Begin

Expected Time to Complete: 18 minutes



Page: 1 Quiz: 1 File: 1

Pages: 2 Quiz: 1 File: 1

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Age Appropriate Strength and Conditioning

Learn about Strength and Conditioning in this age group. Click Here to Begin Expected Time to Complete: 19 mins

Cognitive Development in Young Athletes

Learn about Cognitive Development in Young Athletes. Click Here to Begin

Expected time to Complete: 30 mins

Pages: 3 Quizzes: 3 Files: 2

100%

Concussions and Athlete Safety

Learn about concussions and player safety. Click Here to Begin

Time expected to complete: 15 mins



Pages: 5 Quizzes: 3 Files: 2

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Sleep and its Effect on Performance

Learn about about sleep and how it affects performance. Click Here to Begin

Time expected to Complete: 9 mins





Page: 1 Quiz: 1 File: 1

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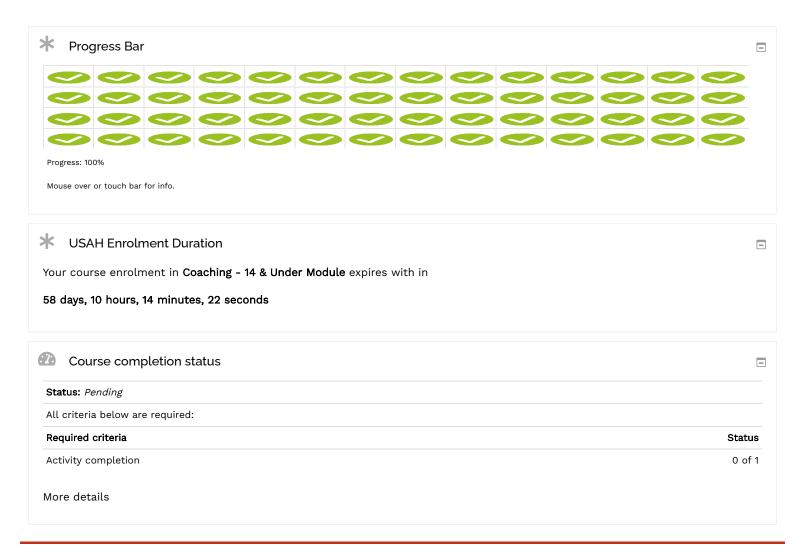
Conclusion

Wrapping up the module. Click Here to Begin

Time expected to Complete: 4 mins



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USA Hockey E-Learning is an all-in-one cloud based LMS for Members that allows you to create unlimited courses, distribute training and track & monitor results.

Support

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🕑 FAQ

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